## \* CLEAN MAMA'S \*

## **Bedrooms Quick Clean**

SUPPLIES	STEPS			
<ul> <li>cleaning cloths —</li> <li>microfiber works great</li> </ul>	<ol> <li>First things first, make the bed. If you need to launder the bedding, throw a load in the washer and dryer.</li> </ol>			
dusting wand	<ol> <li>Complete any laundry — get those clothes out of the baskets, hang them up and put them away.</li> </ol>			
<ul><li>vacuum cleaner</li><li>cleaners — all-purpose,</li><li>dusting, glass + mirror</li></ul>	<ol> <li>Clear clutter from all surfaces and return to their proper homes. Sort items — keep, toss, donate, put away.</li> </ol>			
<ul> <li>empty container for dirty cloths or paper towels</li> </ul>	<ol> <li>Dust all surfaces — start at the top and work your way down.</li> </ol>			
<ul> <li>caddy or container to carry supplies from room to room</li> </ul>	<ol><li>Dust or vacuum light fixtures and lamps. Use a lint roller on fabric lamp shades to get any dust and dirt.</li></ol>			
	6. Dust or vacuum any window treatments if necessary.			
	7. Spray and wipe any glass or mirrors.			
	8. Repeat these steps in each bedroom. Once you've done that, go back to the first bedroom.			
	<ol> <li>Vacuum thoroughly, paying special attention to the edges and crevices. Vacuum all bedrooms.</li> </ol>			
	10. Place dirty cleaning cloths in container.			
	Repeat as needed!			

NOTES:						