

CLEAN MAMA'S

GUIDE TO

BATHROOMS

**HOW TO CLEAN,
DECLUTTER & ORGANIZE**



Table of Contents

Quick Start Guide	4
Let's Put Together a Bathroom Cleaning Caddy	6
Quick Tips for Clean Bathrooms	7
BATHROOM CLEANING	8
DIY Bathroom Cleaning Recipes	9
Bathroom Quick Clean – a Monday Routine	11
Bathroom Deep Clean Checklist	12
How to Clean a Toilet	13
How to Clean a Glass Shower	14
Disinfecting in the Bathroom (without bleach)	15
BATHROOM DECLUTTERING	16
The Declutter Process	17
Bathroom Planning Grid	18
How Many Should I Keep Bathroom Edition	19
Quick Bathroom Declutter	20
BATHROOM ORGANIZING	21
Bathroom Inventory Guide	22
Bathroom Inventory	23
Bathroom Storage	24

MAINTAINING YOUR CLEAN BATHROOM	26
Routine at a Glance	27
Weekly Planner	28
Blank Weekly Planner	29

QUICK START GUIDE

How to Clean & Deep Clean Bathrooms with the Clean Mama Routine

The bathroom(s) can be a challenge to clean, let alone deep clean.

So many surfaces, different cleaners, and germs. Let's simplify how to clean a bathroom, when to clean a bathroom and the best way to keep it clean.

Have you felt overwhelmed with cleaning bathrooms? Not sure where to start and feeling like it isn't worth it because it's just going to get dirty again? With a simple quick cleaning method, daily checks, and deep cleaning on the rotation, you'll find that clean bathrooms is pretty simple. That's why I started trying to figure out a cleaning routine 20+ years ago – I was sick of spending my day off cleaning. Ready to see how easy it is? Keep reading – I hope it inspires you to give the Clean Mama Routine a try! New to Clean Mama? [Check out the Start Here Page.](#)

Looking for bathroom specific cleaning products? [Shop the Clean Mama bathroom collection.](#)



ABOUT THE ROUTINE

The Clean Mama Routine is a proactive approach to cleaning, not reactive. By doing a little bit daily, weekly, and monthly, your home stays mostly clean all the time.

IF YOU FOLLOW THE CLEAN MAMA ROUTINE YOU KNOW THAT THERE ARE DAILY TASKS.

DAILY: I/WE DO THESE THINGS

EVERY DAY... wipe counters (this can be a quick toothpaste check or a full counter and sink wipe-down and check floors (sweep or vacuum if necessary). If you want you can also sprinkle a little Oxygen Whitener in the toilet and flush OR give it a little scrub.



WHAT ABOUT SMELLY TOILETS?

For those of you with little boys (or big boys) these tips are for you. No matter how hard you may wipe and wash, there tends to be a residual odor that is left behind. I get asked for my recommendation on how to eliminate this annoying situation and 'that smell' weekly.

First of all, as annoying as it can be, do your best to wipe up drips and drops sooner rather than later. It doesn't take long for tile grout to get permeated and this makes it harder to eliminate the odor. Make sure when you spray your cleaner you're spraying at the base of the toilet where it meets the floor and let it sit. Then make sure you're pushing your cloth or paper towel under that so you are collecting the cleaner and removing anything that might have traveled under there. For even more, [see page 13.](#)

IN ADDITION TO THE 5 DAILY TASKS, THERE ARE WEEKLY TASKS.

These are tasks that are associated with the days of the week. If this feels like a lot, start with the Daily Tasks, add one a week. Don't worry about perfection, you're adding a new routine to your days and it will take time. Once you get those down, the Weekly Tasks just become part of your routine and make things so much easier because you no longer need to decide what the worst part of your house is to clean, you just do the Tasks for the day. It's **proactive, not reactive** – the busier you are, the better it works.

WEEKLY: I DO THESE THINGS...

Bathrooms (Monday) – do the quick clean, Dusting (Tuesday) – whole house, including bathrooms, Vacuuming (Wednesday) – whole house, including bathrooms, Floor Washing (Thursday) whole house, including bathrooms, Catch-All Day (Friday), Sheets & Towels (Saturday), Just the Daily Tasks (Sunday).

THE CLEAN MAMA ROUTINE ALSO INCLUDES ROTATING TASKS.

These are deep cleaning tasks that you work through during the year. I do these on Fridays or when it makes sense with a Weekly Task. After you've successfully implemented the Daily + Weekly Tasks, it's time to learn The Rotating Tasks and Monthly Focus. We add these deep cleaning tasks to our Catch-All Friday or on a day that works best for you. You can find the full list of Rotating Tasks and the Complete Monthly Focus in the [Guide to a Clean Home](#), [Homekeeping Planner](#), or [Homekeeping Society](#).

THE ROTATING TASKS...

These are the Rotating Tasks that are for the whole house but also associated with cleaning bathrooms (there are about 8-9 Rotating Tasks each month, these are just ones that apply to the bathrooms).

- January: vacuum baseboards

- February: clean vents, wash rugs, wipe switch plates, spot clean walls
- March: vacuum/wash baseboards, wash rugs, wipe switch plates
- April: bathroom light fixtures
- May: wash rugs, spot clean walls, vacuum/wash baseboards
- June: wash windows, vacuum baseboards, wash rugs
- July: dust ceilings and corners, vacuum baseboards, light fixtures
- August: vacuum/wash baseboards, wash rugs, wipe switch plates, spot clean walls
- September: vacuum baseboards, wash rugs, window treatments
- October: vacuum baseboards, wash rugs
- November: vacuum/wash baseboards, clean vents, wash rugs, spot clean walls
- December: vacuum baseboards, wash rugs, wipe switch plates

THE CLEAN MAMA ROUTINE ALSO HAS A MONTHLY FOCUS EACH MONTH.

The Monthly Focus is designed to be a chance to do some deep cleaning and organizing on a specific area of the home.

- January's Monthly Focus is a Whole House Declutter
- March's Monthly Focus is Spring Cleaning – in the bathrooms this includes things like vacuuming/ washing baseboards, washing windows, cleaning window treatments, etc.
- April's Monthly Focus is the Bathroom(s) – we focus on organizing the bathrooms

Let's Put Together a Bathroom Cleaning Caddy

If you're looking to save time when it comes to cleaning bathrooms put together a bathroom cleaning caddy.

This is something you do once and continue to reap the benefits as you use it. Think about what supplies you use most or every time you clean the bathroom and put them together in your caddy.

GRAB A CADDY & GO!

NOTES: _____

GATHER YOUR SUPPLIES & TOOLS - HERE'S WHAT I KEEP IN MY CADDY:

- **CLEANING SPRAY**
Either make your own DIY recipe (see page X) or mix up some Multi-Surface Cleaner Concentrate.

- **HYDROGEN PEROXIDE**
I put a sprayer on the bottle and use it for disinfecting.

- **CASTILE SOAP**
Squirt in the toilet and scrub or add to the sink scrub or Oxygen Whitener for a little extra cleaning action.

- **BATHROOM SCRUB**
Use this on tubs, showers, in the sink, toilet – anywhere you need a little scrubbing power.

- **OXYGEN WHITENER**
Sprinkle in toilets to whiten, sprinkle in sinks and tubs to scrub.

- **CLEANING CLOTHS**
My preference for bathrooms is the Cleaning Cloth Kit because it includes a window cloth, all-purpose cloth, and a scrubbing cloth, of course, use what you prefer.

- **CLEANING CADDY**
I use a large bucket with a handle so I can tote it from bathroom to bathroom, but if you have a caddy or container that works, use that!

- **GLASS SPRAY BOTTLES & BANDS**
My preference for DIY cleaners!

- **SCRUB BRUSHES**
I use a large surface scrubber and a detail brush in the bathrooms as needed for scrubbing tile and grout.

Quick Tips for Clean Bathrooms

Here are a couple cleaning shortcuts and little things that make clean bathrooms a little easier!



DAILY LOVE Put out fresh towels and check the bathroom counters daily, give a little wipe down if necessary..



SPARKLY CLEAN Sprinkle Oxygen Whitener in your toilet, let it sit, and give it a little scrub.



FOR A CLEAN BRUSH Put the toilet brush under the toilet seat to dry – spray with hydrogen peroxide to disinfect.



HANDY SPRAY Put a sprayer on hydrogen peroxide to spray in the bathroom (don't transfer to another container).



LET IT SIT Let any cleaner sit for at least 10-15 minutes to thoroughly clean and disinfect.



WORK TOP DOWN Spray the toilet from the top to the bottom and wipe from the top down – do this weekly!



DID YOU KNOW? Don't spray mirrors with cleaner! Instead spray your cleaning cloth and wipe mirrors.



DON'T FORGET THIS Unclog a shower head by pouring white vinegar in a zip top bag, put the shower head in the bag, seal with a rubber band & let sit for 15 minutes. Rinse & wipe.



WHEN IN DOUBT, VACUUMS OUT Use a vacuum to get up any dust, lint, and hair before spraying with cleaner.



Bathroom Cleaning

If cleaning the bathroom feels daunting, mix up a DIY cleaning recipe, grab a checklist and just start.

LOOKING FOR MORE TIPS & TRICKS? VISIT [CLEANMAMA.COM!](https://www.cleanmama.com)

DIY Bathroom Cleaning Recipes

ALL-PURPOSE DISINFECTING SPRAY

ingredients

- 1 ¼ cups water
- ¼ cup white vinegar
- ¼ cup vodka or rubbing alcohol
- 15 drops of essential oil

instructions

Use in bathrooms, the kitchen, anywhere that needs a little cleaning boost. Mix in spray bottle, spray liberally on surfaces and wipe clean with a soft cleaning cloth. **This recipe should not be used on stone surfaces.**

STONE CLEANING SPRAY

ingredients

- 1 ½ cups water
- 2 tablespoons rubbing alcohol
- ¼ teaspoon castile or dish soap

instructions

Clean your sealed stone counters and more with this gentle, yet effective cleaning spray. Mix in spray bottle, spray on surfaces and wipe clean with a soft cleaning cloth. This spray is great for any sealed marble, granite, and quartz surfaces.

BATHROOM SCRUB

ingredients

- 2 cups baking soda
- 20 drops of essential oil
- a squirt of castile soap while cleaning

instructions

Sprinkle anywhere in the bathroom that needs a little scrub – perfect for the tub, shower, sink, and faucets. Combine baking soda and essential oil in a mason jar. Add a squirt of castile soap, then scrub, and rinse thoroughly. Lemon + lavender essential oils are great!

FRESH TOILET SPRAY

ingredients

- 1/3 cup water
- 30 drops lemon essential oil + 30 drops orange essential oil
- ½ teaspoon fractionated coconut oil

instructions

Combine in a spray bottle, shake. Spray the surface of the toilet 1-2 times before sitting down. The key is to spray on the toilet water **BEFORE** you go. This isn't an air freshener, it's meant to mask 'that smell'. Feel free to customize the essential oils as you see fit. Quick note: the coconut oil helps the mixture sit on the surface of the toilet.

GLASS & MIRROR SPRAY

ingredients

- 1 ½ cups water
- 1 ½ tablespoons white vinegar
- 1 ½ tablespoons rubbing alcohol
- 3 drops peppermint essential oil

instructions

Mix in spray bottle, spray on cleaning cloth for mirrors and directly on windows. Wipe to a streak-free shine. Use a microfiber cloth for a streak-free shine!

DAILY SHOWER SPRAY

ingredients

- ½ cup vodka (or rubbing alcohol)
- 1 cup water
- 10 drops peppermint essential oil

instructions

Mix and store in a spray bottle. Spray shower or tub daily after showering. No rinsing necessary but you can use a squeegee after spraying to remove excess water and prevent water spots.

TEA TREE MILDEW REMOVER

ingredients

- ½ cup hydrogen peroxide
- 10 drops tea tree essential oil

instructions

Mix and store in a dark container. Spray liberally on mold/mildew, let sit for 1-2 hours, rinse. Repeat if necessary.

FLOOR CLEANING SPRAY

ingredients

- 1 ¾ cups warm water
- 1-2 drops castile soap
- 3-5 drops essential oil

instructions

Mix this up in a spray bottle or spray mop, spray on small sections at a time, mop, and admire your clean floors. Lemon essential oil is a fresh, clean scent!

SOAP-BASED DISINFECTING SPRAY


ingredients

- 1 cup Everclear (95% alcohol)
- 2/3 cup water
- 1-2 drops dish soap
- 15 drops essential oil

instructions

Mix ingredients in a spray bottle, shake and spray on surfaces you wish to disinfect. Spray thoroughly to saturate surface and allow to sit for 10 minutes to disinfect surfaces.

Bathroom Quick Clean – a Monday Routine


SUPPLIES	INSTRUCTIONS
<ul style="list-style-type: none">○ cleaning cloths — one for mirrors, one for each toilet, one for each sink, and a couple extras for tubs and showers○ glass and mirror cleaner○ disinfecting/bathroom cleaner○ toilet cleaner and toilet scrubber○ empty container for dirty cloths or paper towels○ caddy or container to carry supplies from room to room	<ol style="list-style-type: none">1. Clear off counters and all surfaces.2. Spray and wipe any mirrors clean — keep this cloth handy and reuse in each bathroom.3. Spray the sink, toilet, and tub or shower (if you don't use a tub or shower regularly, you don't need to clean it weekly) and quickly spray with your disinfecting cleaner.4. Use your preferred toilet cleaner and brush and do a quick clean of your toilet.5. Repeat these steps in each bathroom. Once you've done that, go back to the first bathroom.6. Wipe the sink, wipe the toilet, and wipe the tub or shower — take care to use a separate cloth or paper towel for each toilet and sink to avoid cross-contamination.7. Place dirty cloths in container.8. Move on to wiping down the next bathroom and the next until you have quickly wiped down each bathroom.9. Change hand and bath towels. <p style="text-align: center;"> <i>Repeat on Mondays!</i></p>

NOTES: _____

Bathroom Deep Clean Checklist

DEEP CLEANING TASKS	ORGANIZE + DECLUTTER
<ul style="list-style-type: none"> ○ CLEAR OFF COUNTERS & SURFACES Do a quick sort & declutter while you're doing this. ○ MIRRORS Spray cleaning cloth with glass cleaner, wipe mirrors clean – keep this handy and reuse in each bathroom. ○ DUST Dust or vacuum any light fixtures, window treatments, vents and fans. ○ SPRAY Spray the sink, toilet, and tub/shower – if your tub/shower is dusty and not used frequently, give it a quick vacuum first. ○ TOILET QUICK CLEAN Use your preferred toilet cleaner & brush and do a quick clean of the toilet. ○ REPEAT & RETURN Repeat the steps above in each bathroom. Once you've done that, return the first bathroom. ○ WIPE DOWN Wipe the sink, wipe the toilet, and wipe the tub or shower – take care to use a separate cloth or paper towel for each toilet to avoid contamination. ○ REPEAT Repeat in the next bathroom until you've wiped down each bathroom. ○ FLOORS Vacuum and wash the floors in each bathroom. ○ FINAL TOUCH Put out fresh towels and bath mats. 	<ul style="list-style-type: none"> ○ TOILETRIES Limit how much you keep on counters – if you have space, put as much as you can in drawer and cupboard organizers. ○ MAKEUP Keep daily items on a tray on the counter. ○ MEDICINE Organize in categories that make sense – sun and travel, first aid, ear, nose, & throat, kid stuff, etc. ○ LINENS Sort and store by type – wash cloths, hand towels, bath towels, etc. ○ PAPER PRODUCTS Toilet paper, tissues, cotton swabs, etc. ○ ○ ○ ○ ○ ○ ○

How to Clean a Toilet

SUPPLIES	INSTRUCTIONS
<ul style="list-style-type: none">○ cleaning cloths — microfiber works great○ hydrogen peroxide○ toilet brush○ castile soap○ cleaners — all-purpose, disinfecting, white vinegar○ Oxygen Whitener○ sponges○ empty container for dirty cloths or paper towels○ caddy or container to carry supplies from room to room	<ul style="list-style-type: none">○ Start with the exterior – everything but the bowl.○ Spray the top, back, the handle, the seat, under the seat, the base – where it meets the floor, basically every single part of the toilet.○ Let the cleaner sit for 10 minutes to clean and disinfect the surfaces.○ Start at the top and wipe down to the base of the toilet. Use a fresh cloth for every toilet and do not use this cloth on any other surfaces.○ Move on to the interior – the bowl.○ Just squirt castile soap around the edges and in the bowl, scrub, and flush. This works as well or better than conventional toilet bowl cleaner.○ If you need a little scrubbing action you can sprinkle just a little bit of baking soda and scrub away. <p> HERE'S HOW I USE OUR TOILET BRUSHES AND AVOID THE GROSS OUT FACTOR:</p>
<p>NOTES: _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<ul style="list-style-type: none">○ Each bathroom has a toilet brush.○ Use your cleaner of choice – I like castile soap alone or if the toilet needs a bit of whitening, I sprinkle in a little Oxygen Whitener – let the cleaner sit for a couple minutes.○ Scrub thoroughly and flush. Repeat if necessary.○ Flush again and rinse the toilet brush in the clean toilet water.○ Put the toilet brush under the toilet seat. The toilet seat will hold the brush in place to allow it to dry.○ Spray the brush thoroughly with hydrogen peroxide to disinfect.○ Allow the brush to drip dry before returning to the holder.

How to Clean a Glass Shower

Ah, the appeal of the glass shower doors. They're lovely when they are sparkling clean but they can be difficult to keep that way.

With soap scum, water spots, and door crevices, they pose some cleaning conundrums. Here's how I keep them sparkling clean.

If you deal with soap scum in the shower and/or find that weekly or bi-weekly cleaning isn't enough to keep your shower clean, you might want to add a daily shower spray to your cleaning regimen. You can use a pre-mixed daily shower spray or make your own.



QUICK TIP

Using a Daily Shower Spray will make it easier to clean your glass shower doors and keep them clean all week long. Start with a clean shower first and then continue using daily or after showers.

DIY DAILY SHOWER SPRAY

ingredients

- ½ cup vodka (or rubbing alcohol)
- 1 cup water
- 10 drops peppermint essential oil

instructions

Mix and store in a spray bottle. Spray shower or tub daily after showering. No rinsing necessary but you can use a squeegee after spraying to remove excess water and prevent water spots.

OPTIONAL: Use a squeegee at the end of your shower to remove excess water and to prevent water spots – [I like this one](#) with a suction cup. If you don't have a glass shower, a squeegee and this method works to keep the water spots off fiberglass and tile too!

WEEKLY CLEANING TIPS

Weekly cleaning should be simple and effective enough to get most dirt, soap scum and to keep mold and mildew out of showers. The combination of the Daily Shower Spray along with a quick weekly scrub keeps our glass showers sparkling. My favorite method for weekly cleaning is part of my Monday is Bathrooms Day routine.

I use a speed cleaning method that allows me to clean 4 bathrooms in about 15 minutes – [see page 11](#). Start by thoroughly spraying down every surface in the bathroom including the glass showers. An all-purpose bathroom spray works well. If you struggle with hard water or water spots, using a cleaner with white vinegar will dissolve those minerals disguised as water spots.

Disinfecting in the Bathroom (without bleach)

What's the difference between cleaning, sanitizing, and disinfecting?

Let's talk about when you need them and then how to safely clean, sanitize, and disinfect. This guide includes the whole home, not just bathrooms.

CLEAN: Removing dirt, stains and grime. Similar to how using soap & water to wash hands removes germs and washes them down the drain, spraying a surface with a cleaner & wiping it is cleaning it.

SANITIZE: Kills **bacteria** on surfaces.

DISINFECT: Kills **bacteria & viruses** on surfaces.

WHEN SHOULD YOU CLEAN/SANITIZE/DISINFECT?

This depends on your own personal comfort level, but generally speaking, cleaning removes most germs.

QUICK TIP

Regardless of what you are disinfecting with, in order to truly disinfect you need to let the cleaner sit on the surface for at least 10 minutes before wiping it off.

DAILY:

- Clean kitchen counters and sink; check bathroom counters – spray and wipe clean if necessary.
- I do laundry daily – if anything needs to be sanitized or washed on hot, I keep it separate and wash it.
- Use the sanitize cycle on the dishwasher for washing dishes.

WEEKLY:

- I follow the [Clean Mama Routine](#) – this allows for consistent cleaning. Consistent cleaning keeps germs off surfaces.
- [Clean bathrooms on Mondays](#) – I use my DIY All-Purpose Disinfecting Cleaning Spray for normal weekly cleaning and a stronger solution if necessary – [see page 9](#) for my natural disinfecting spray recipes.
- I use Hydrogen Peroxide to disinfect toilet brushes, kitchen and bathroom surfaces.

USING HYDROGEN PEROXIDE FOR DISINFECTION...

Just put a sprayer on top of a Hydrogen Peroxide bottle – don't pour the Hydrogen Peroxide into another container or mix it with anything else – it loses its effectiveness in as little as an hour when exposed to light. Simply spray, let sit for 5-10 minutes, wipe clean.

ILLNESS:

- Spray [Everclear-based disinfecting cleaner](#) on all hard surfaces – bathrooms, kitchen surfaces. Let sit for 10-15 minutes, wipe clean.
- Wipe remotes, door knobs, light switches, etc. with rubbing alcohol.
- Launder sheets and towels on sanitize cycle and dry on high. Repeat laundering after illness has passed.
- Change hand towels daily. Wash towels on sanitize cycle, dry on high.
- Use steam cleaner on soft surfaces to sanitize – sofa, pillows, etc.
- Launder throw pillows and blankets.



Microfiber cleaning cloths can remove up to 99% of germs! They don't spread germs around the way paper towels, cleaning wipes, and other materials do. [Here are my favorite microfiber cleaning cloths.](#)



Bathroom Decluttering

Clean bathroom? Let's do a little decluttering, simplify the space and make it easier to maintain and keep clean and organized.

LOOKING FOR MORE TIPS & TRICKS? VISIT [CLEANMAMA.COM!](https://www.cleanmama.com)

The Declutter Process

Anytime you start decluttering, follow this process.

Start by making a declutter station with boxes or bins or garbage bags that are labeled and ready to accept items. Don't buy anything for this, use what you have on hand and get started right away.

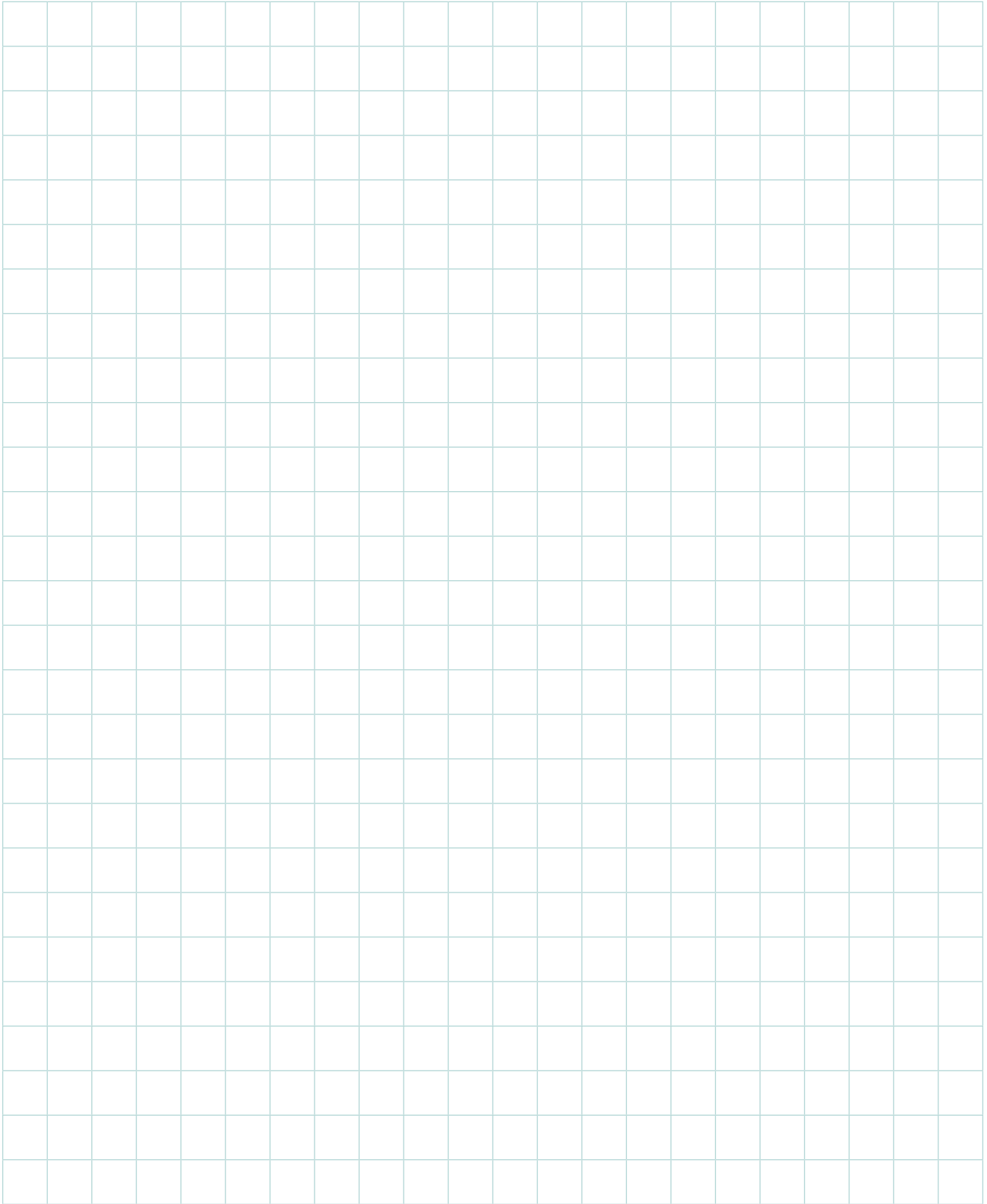
Decluttering can be a complicated process and it most definitely won't be done overnight – give yourself grace and time to work through the process.

INSTRUCTIONS

- **MAKE 4 CATEGORIES**
Keep, toss, relocate, donate - use a box, basket, bag, bin to contain them while you're decluttering. Once you have your clutter station set up with your categories, you're ready to get started decluttering your home.
- **COMPLETELY EMPTY THE SPACE**
Regardless of if it's a box, a closet, an entire room, or a drawer, remove everything in the space FIRST. Put the items on the floor, a bed, a table...quickly move them out of the space so you can get started.
- **THINK QUICKLY**
Think quickly as you sort through your items. Think about the space you have and what you want it to look like when you're done. Do you really need x, y, z to move forward in life or can you let it go?
- **PUT EVERYTHING INTO YOUR CATEGORIES -**
Use the categories keep, toss, relocate, donate – put away any items that were in the keep pile, toss what can be tossed, relocate what can be relocated, and put the donate items in a bin or bag for a trip to your favorite donation center.
- **WIPE DOWN**
Wipe down any surfaces and vacuum if necessary.
- **ARRANGE ITEMS**
Arrange items in a way that makes sense for your home and space and admire your transformation!

NOTES:

Bathroom Planning Grid



How Many Should I Keep Bathroom Edition

When purchasing favorite and often used products, it's helpful to purchase two at a time or watch for sales and stock up. Here are a couple bathroom products to get you started and plenty of room to add your own bathroom products too.

BATHROOM ITEMS	OTHER
<input type="radio"/> Bath towels – 4 per person*	<input type="radio"/>
<input type="radio"/> Hand towels – 4-8 per bathroom**	<input type="radio"/>
<input type="radio"/> Washcloths – 4-8 per bathroom	<input type="radio"/>
<input type="radio"/> Toilet paper – 4-6 rolls per bathroom	<input type="radio"/>
<input type="radio"/> Tissues – 1-2 per bathroom	<input type="radio"/>
<input type="radio"/> Toothpaste – 1-2 per bathroom	<input type="radio"/>
<input type="radio"/> Hair care products – 1 extra of each product	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>

NOTES:

* Bath towel count is assuming you wash them weekly + use them twice before laundering.

** Changing hand towels daily is a great way to keep germs at a minimum!

Quick Bathroom Declutter

Tackle one bathroom at a time to keep this as simple as possible. Open all the cabinet drawers and cabinets and do a quick assessment of where everything is located.

Now is your chance to relocate items, want to swap your daily drawer with your makeup drawer? Do that now! Are there items that you keep on the counter that could easily fit in a drawer or cabinet to free up counter space? Continue to assess and relocate as you make your way through the bathroom.

NOTES: _____

- **START WITH DAILY ITEMS**
Can you group these together or put them all in one drawer for easy, daily access? Toothbrush, toothpaste, brush/comb, floss, face care, etc.
- **CLEAR COUNTERS + CLEAN THEM**
Is there anything that you can toss or relocate?
- **GROUP LIKE ITEMS TOGETHER**
Go through every single drawer and cupboard and make sure that all the like items are grouped together. Anything expired or old? Give it a toss now.
- **PAPER PRODUCTS**
Tissues and toilet paper, feminine products - sort through these and make sure you have an organized way to store these items. Not enough room? Look for another place to store back stock of these items.
- **TOILETRIES**
Sort, group like items together, keep what you use and need.
- **HAIR CARE + MAKEUP**
Sort, group like items together, keep what you use and need.
- **HAIR CARE + MAKEUP**
Sort, group like items together, keep what you use and need.
-
-
-
-
-
-



Bathroom Organizing

Want to keep track of what you have on hand and make shopping a little easier? These checklists will help you get started and ensure that you never run out of toilet paper or toothpaste.

LOOKING FOR MORE TIPS & TRICKS? VISIT [CLEANMAMA.COM!](https://www.CLEANMAMA.COM)

Bathroom Inventory Guide

This list might feel unnecessary but sometimes it's helpful to take inventory of what you have and what you need.

FOLLOW THESE STEPS...

- Quick declutter
- Wipe down area
- Sort items by type
- Arrange in a way that makes sense for how you use the items
- Assess and make adjustments
- Take inventory of what you have and what you need

BATHROOM INVENTORY		
TOILETRIES		
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
TOWELS		
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
SHEETS		
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
BACKSTOCK		
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Bathroom Storage

Let's get your bathrooms organized and working for your home.

Follow these steps to do a quick declutter and organize. Take the time to assess the situation and make decisions that will make this an area that works well.

USE THE GRID ON THE NEXT PAGE TO DRAW YOUR BATHROOM STORAGE SPACE.

On your drawing, label the shelves or areas so you know what is going where. This will vary for everyone, but look through your items and put them into general categories and continue to narrow categories down until you have them solidified.

HERE ARE MY CATEGORIES:

- teeth & mouth – extra toothbrushes, electric toothbrush refills, floss
- sun & travel – sunscreen, aloe vera travel size toiletries
- ear, nose, & throat – throat lozenges, cold medicine, allergy medicine, nasal spray
- mani & pedi – nail polish, tools, etc.
- first aid – bandages, elastic bandages, wound care
- kids remedies – medicine, thermometers
- heating pads
- cotton swabs & pads – I like decanting these
- soap & bath products
- backstock – I like to keep a bin for extras

Once you have your categories determined, follow these steps to organize the space. If you are short on time, go shelf-by-shelf instead of removing everything

FOLLOW THESE STEPS TO ORGANIZE...

- Remove everything from the storage area
- Group in categories
- Toss anything expired
- Wipe shelves clean
- Return items to shelves
- Assess + make adjustments

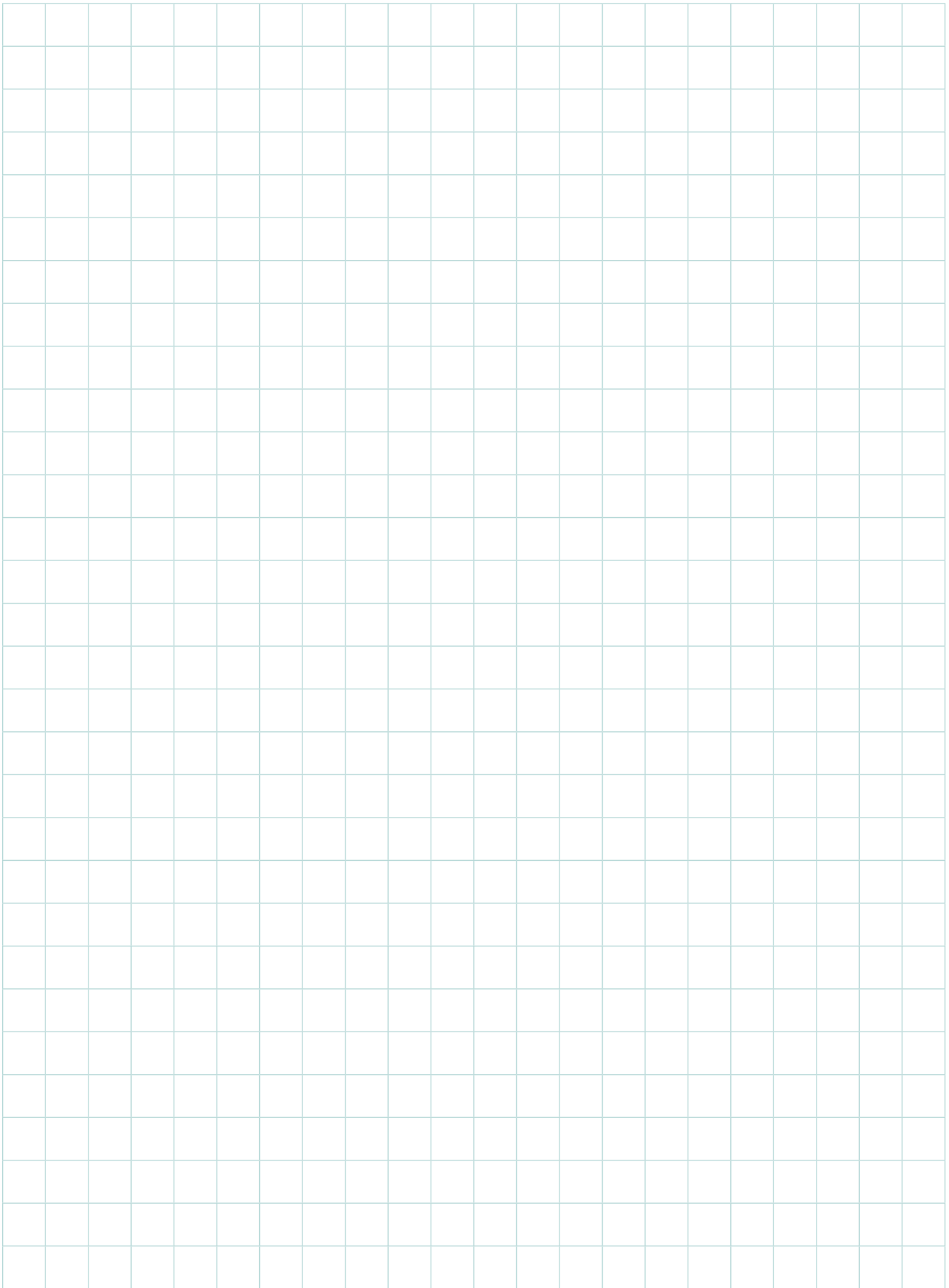
DON'T FORGET TO THINK THROUGH HOW YOU'LL MAINTAIN THIS SPACE.

HERE ARE A COUPLE OF MAINTENANCE IDEAS TO GET YOU STARTED...

- Rotate items – make sure you're putting new items behind older items
- Check your inventory list or backstock before purchasing anything new
- Put items away daily – don't leave items on the counters, put them away

QUICK TIP!

Writing down the categories on a sticky note is a great way to work when labeling more than a couple items and when you're determining which categories you're going to narrow your items down to.





Maintaining Your Clean Bathroom

Once you've cleaned, decluttered and organized your bathroom, a simple routine will help you keep it clean and organized moving forward. On the next pages you'll find a little Routine at a Glance and a Weekly Planner perfect for getting started with the Clean Mama Routine.

LOOKING FOR MORE TIPS & TRICKS? VISIT [CLEANMAMA.COM!](https://www.CLEANMAMA.COM)

GUIDE TO BATHROOMS

Routine at a Glance

There are 4 parts to the routine. Start with Daily Tasks + work your way to the Monthly Focus.







1. DAILY TASKS

Completed daily, these tasks are the secret to keeping your home tidy most of the time.

- CHECK FLOORS
- WIPE COUNTERS
- CLUTTER
- LAUNDRY
- MAKE BEDS

2. WEEKLY TASKS

Complete as quickly as possible and if you can't get to them, finish on Friday or next week.

	MONDAY clean the bathrooms
	TUESDAY dust all surfaces
	WEDNESDAY vacuum floors + carpet
	THURSDAY wash the floors
	FRIDAY a day to catch up
	SATURDAY launder sheets + towels

3. ROTATING TASKS

Take the guesswork out of deep cleaning! You'll find specific Rotating Tasks for each month in the [Homekeeping Society Subscription](#) and the [Homekeeping Planner](#).

- VACUUM + WASH BASEBOARDS
- CLEAN LIGHT FIXTURES
- WASH RUGS + LAUNDRY BEDDING
- CLEAN OVEN + OTHER APPLIANCES
- CLEAN FRIDGE + FREEZER
- POLISH WOOD FURNITURE
- SPOT CLEAN WALLS + FURNITURE
- ROTATE / VACUUM MATTRESSES
- WASH WINDOWS
- REPLACE FILTERS
- WASH WINDOWS
- WIPE SWITCHES / PHONES / REMOTES

4. MONTHLY FOCUS

Looking for a whole-home organizing method? With the Monthly Focus, we work through the entire home – organizing each space using a simple, doable method. This gives you the time to implement habits and systems that work for you and your family. With a whole house declutter in January, spring cleaning in March and paperwork in December, you won't be trying to figure out where you should organize next – the best way to do that is laid out for you. Find the Monthly Focus in the [Homekeeping Society Subscription](#) and the [Homekeeping Planner](#).

GUIDE TO BATHROOMS

Weekly Planner

TODAY IS:

TO-DO	✓

ON THE MENU
M
T
W
T
F
S
S

MONDAY	TUESDAY
BATHROOMS	DUST HOUSE
<input type="checkbox"/> make beds	<input type="checkbox"/> make beds
<input type="checkbox"/> check floors	<input type="checkbox"/> check floors
<input type="checkbox"/> wipe counters	<input type="checkbox"/> wipe counters
<input type="checkbox"/> clutter	<input type="checkbox"/> clutter
<input type="checkbox"/> laundry	<input type="checkbox"/> laundry
WEDNESDAY	THURSDAY
VACUUM	WASH FLOORS
<input type="checkbox"/> make beds	<input type="checkbox"/> make beds
<input type="checkbox"/> check floors	<input type="checkbox"/> check floors
<input type="checkbox"/> wipe counters	<input type="checkbox"/> wipe counters
<input type="checkbox"/> clutter	<input type="checkbox"/> clutter
<input type="checkbox"/> laundry	<input type="checkbox"/> laundry
FRIDAY	SATURDAY
CATCH-ALL DAY	SHEETS & TOWELS
<input type="checkbox"/> make beds	<input type="checkbox"/> make beds
<input type="checkbox"/> check floors	<input type="checkbox"/> check floors
<input type="checkbox"/> wipe counters	<input type="checkbox"/> wipe counters
<input type="checkbox"/> clutter	<input type="checkbox"/> clutter
<input type="checkbox"/> laundry	<input type="checkbox"/> laundry
SUNDAY	OTHER
REST & RELAX	YOU GOT THIS!
<input type="checkbox"/> make beds	<input type="checkbox"/>
<input type="checkbox"/> check floors	<input type="checkbox"/>
<input type="checkbox"/> wipe counters	<input type="checkbox"/>
<input type="checkbox"/> clutter	<input type="checkbox"/>
<input type="checkbox"/> laundry	<input type="checkbox"/>

Blank Weekly Planner

TODAY IS:

TO-DO	✓

ON THE MENU
M
T
W
T
F
S
S

MONDAY	TUESDAY
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
WEDNESDAY	THURSDAY
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
FRIDAY	SATURDAY
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
SUNDAY	OTHER
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>