

The One Bag Quick Declutter Checklist

Habits are built slowly + over time.

If you find yourself gaining traction and getting derailed easily, you need to put some guardrails in place.

I'm starting a new ritual – a One Bag Quick Declutter every month on the 11th. I'm putting it on the calendar as a monthly task and it will simply remind me to do a quick declutter and look for at least one bag of stuff to get rid of in my quest to simplify our home.

If you're doing the [full Clean Mama Routine](#) you can also coordinate this with the Monthly Focus and concentrate your decluttering in that area of your home. For example: January = Whole House Declutter, February = Kitchen, etc.

Happy Homekeeping!



**WANT TO TRY IT
OR JOIN ME?**

I'll also share my process on [Instagram](#) on the 11th of each month.

WRITE DOWN YOUR DAY OF THE MONTH HERE:

KEEP TRACK OF THE MONTH'S YOU COMPLETE:

 JANUARY JULY FEBRUARY AUGUST MARCH SEPTEMBER APRIL OCTOBER MAY NOVEMBER JUNE DECEMBER

NOTES: _____
