

Simple DIY Recipes

These simple, safe, and natural recipes are some of my favorites. Combine them with your favorite tools and your home will smell + feel clean!

LAVENDER & LEMON DISINFECTING CLEANER

- ½ cup white distilled vinegar
- ½ cup vodka
- 10 drops lavender essential oil
- 10 drops lemon essential oil
- 1 ½ cups water

instructions

Mix all ingredients in a spray bottle and shake to combine. Spray surfaces to be cleaned and allow to sit 10 minutes to disinfect before wiping.

TEA TREE MILDEW REMOVER

- ½ cup hydrogen peroxide
- 10 drops tea tree essential oil

instructions

Mix and store in a dark container. Spray liberally on mold/mildew, let sit for 1-2 hours, rinse. Repeat if necessary.

RUST + MINERAL DEPOSIT REMOVER

- white vinegar

instructions

Saturate paper towels or rags with white vinegar and drape over area with rust or mineral deposits. Let it sit for 15 minutes and rub with the cloth to remove the rust. Rinse, and repeat if necessary.

PEPPERMINT GLASS + MIRROR CLEANER

- 2 cups water
- 2 tablespoons white vinegar
- 2 tablespoons rubbing alcohol
- 5 drops peppermint essential oil

instructions

Combine and mix ingredients in spray bottle. Spray and wipe with a soft cloth.

DAILY SHOWER SPRAY	
<ul style="list-style-type: none"> <input type="radio"/> ½ cup vodka <input type="radio"/> 1 cup water <input type="radio"/> 10 drops peppermint essential oil 	<p><i>instructions</i></p> <p>Mix and store in a spray bottle. Spray shower or tub daily after showering or bathing. No rinse needed!</p>

NIGHTLY SINK SCRUB	
<ul style="list-style-type: none"> <input type="radio"/> 2 cups baking soda <input type="radio"/> 10 drops lemon essential oil <input type="radio"/> 10 drops clove essential oil <input type="radio"/> castile or dish soap (this isn't added to the baking soda until it's used!) 	<p><i>instructions</i></p> <p>Add baking soda to a mason jar or container and add essential oils. Stir to combine. Wet the sink, sprinkle the powder and add a squirt or two of castile or dish soap to the sink. Using a sink-safe scrub brush, scrub the sink thoroughly. Rinse and dry. Repeat every night after your kitchen is clean.</p>

HARDWOOD FLOOR CLEANER	
<ul style="list-style-type: none"> <input type="radio"/> ½ cup white distilled vinegar <input type="radio"/> 1 gallon warm water <input type="radio"/> 2-3 drops essential oil <p>✦✦✦ <i>Lemon & clove is a great essential oil combo!</i></p>	<p><i>instructions</i></p> <p>Mix ingredients in a large bucket or container. Mop with a barely damp mop and bucket or by hand with microfiber towels. Rinse often and change the solution as needed. Make sure your hardwood floors are sealed and make sure that you never let water sit on the floors. Test in an inconspicuous spot first.</p>

MATTRESS + CARPET FRESHENER	
<ul style="list-style-type: none"> <input type="radio"/> 2 cups baking soda <input type="radio"/> 10 drops lemon essential oil <input type="radio"/> 10 drops lavender essential oil 	<p><i>instructions</i></p> <p>Add baking soda to a mason jar or container and add essential oils. Stir to combine. To use, sprinkle on carpet, rug or mattress. Let sit for 10 minutes and then vacuum thoroughly. Store remaining freshener in a cool, dark place and use as needed.</p>