December Checklists

MONTHLY FOCUS: OFFICE/PAPERWORK

O DECLUTTER

clear surfaces and lose anything you don't use or love

O EVALUATE

look at methods and systems already in place

O FIND 3 TROUBLE SPOTS

write them down and commit to taking care of them

SOMETHING NEW

choose a new method or way of doing something to simplify your paper

O SHRED, SHRED, SHRED

shred those documents that you no longer need

SUPPLIES

shop the house for supplies for your new systems

O SET UP YOUR SYSTEMS

whether it's a new filing system or an attempt to go paperless, get something in place that will free you up from handling paper

O ADD ON

once the first system is in place and working, add the next one

ROTATING TASKS

O VACUUM BASEBOARDS

use nozzle or brush attachment

O VACUUM / SPOT CLEAN FURNITURE

treat any spots or stains

O LIGHT FIXTURES: OFFICE OR BEDROOMS

focus on just the office or bedroom ones this month

O WASH RUGS

wash bathroom and area rugs

O POLISH WOOD FURNITURE

give your furniture a little extra shine

O WIPE SWITCHES / PHONES / REMOTES

give those most touched areas a quick clean

O CLEAN WINDOW TREATMENTS

dust and/or launder window treatments and blinds

O LAMPS

dust and clean lamps and shades

O WIPE DOWN APPLIANCES

wipe down household appliances

DO THESE DAILY

O MAKE THE BEDS

do a whole house quick declutter and gather at least 3 bags of stuff you can get rid of

O CHECK THE FLOORS

clean clutter from surfaces (counters, dressers, etc.)

O TACKLE CLUTTER

sort through any existing paper piles that are out on counters or surfaces

O WIPE COUNTERS

deal with your mail situation and come up with a way to sort through mail daily so it doesn't pile up

O ONE LOAD OF LAUNDRY

declutter counter clutter, cabinets & drawers

DO THESE WEEKLY

O MONDAY

clean the bathrooms

O TUESDAY

dust the house, surfaces, etc.

O WEDNESDAY

vacuum the floors

O THURSDAY

wash the floors

FRIDAY

catch up on tasks, do a monthly focus or rotating task

SATURDAY

launder any sheets and towels

SUNDAY

relax, just do the daily tasks