March Checklists

MONTHLY FOCUS: SPRING CLEANING

O DECLUTTER

clear surfaces and lose anything you don't use or love

O CLEAN SURFACES

dust and/or clean all surfaces

O LIGHT FIXTURES & LAMPS

dust and/or clean all light fixtures, lamps, and shades

O WINDOW TREATMENTS

dust and/or launder window treatments and blinds

O CLEAN & FLUFF

rotate/flip mattresses and clean pillows, blankets, and bedding

O CLEAN FLOORS

thoroughly vacuum and wash all floors

O CLEAN MOST-TOUCHED AREAS

wipe handles, light switches, knobs, doors, remotes, phones

O DEEP CLEAN

carpeted areas, wash windows, wash doors, wash baseboards

ROTATING TASKS

O VACUUM & WASH BASEBOARDS

use nozzle or brush attachment and wipe thoroughly

O VACUUM / SPOT CLEAN FURNITURE

treat any spots or stains

O LIGHT FIXTURES: LIVING / DINING

focus on just the living and dining room ones this month

O WASH RUGS

wash bathroom and area rugs

O POLISH WOOD FURNITURE

give your furniture a little extra shine

O WIPE SWITCHES / PHONES / REMOTES

give those most touched areas a quick clean

O SPOT CLEAN WALLS

wipe away any marks and hand prints

O WIPE DOWN APPLIANCES

wipe down household appliances (dishwasher, washer and dryer, etc.)

DO THESE DAILY

O MAKE THE BEDS

do a whole house quick declutter and gather at least 3 bags of stuff you can get rid of

O CHECK THE FLOORS

clean clutter from surfaces (counters, dressers, etc.)

O TACKLE CLUTTER

sort through any existing paper piles that are out on counters or surfaces

O WIPE COUNTERS

deal with your mail situation and come up with a way to sort through mail daily so it doesn't pile up

O ONE LOAD OF LAUNDRY

declutter counter clutter, cabinets & drawers

DO THESE WEEKLY

O MONDAY

clean the bathrooms

O TUESDAY

dust the house, surfaces, etc.

O WEDNESDAY

vacuum the floors

O THURSDAY

wash the floors

O FRIDAY

catch up on tasks, do a monthly focus or rotating task

O SATURDAY

launder any sheets and towels

SUNDAY

relax, just do the daily tasks